



***For new clients who are accessing services; not individuals already connected with a provider**

Service Provider	Indicators
<p>Specialty Mental Health Services Provided by the County Mental Health Plan</p> <ul style="list-style-type: none"> Contact the San Diego County Access & Crisis Line at (888) 724-7240 A member may access a County Behavioral Health Program directly For an emergency, call 911 	<p>If any of the following indicators of serious impairment/disturbance in mood, behavior, and/or psychosocial functioning are met, the member may be referred for Specialty Mental Health Services through the County.</p> <ul style="list-style-type: none"> € Acute risk of harm to self or others € Psychotic symptoms (delusions, hallucinations, paranoia) € Marked cognitive impairment (confusion, disordered thinking, poor concentration) € Impulsive, reckless, aggressive behavior with marked decline in self-control € Serious incapacitation or unable to perform key roles and/or usual daily activities, such as work, school, household tasks, or self-care € Repeated psychiatric hospitalizations € History of a serious suicide attempt or injury to others € Appears to need on-going case management or therapy € On LPS Conservatorship € Symptoms of chronic mental health condition(s) are significantly exacerbated by new life stressors or circumstances
<p>Behavioral Health Services Provided by the Medi-Cal Managed Care Health Plan*</p> <ul style="list-style-type: none"> Contact the appropriate Health Plan below 	<p>If any of the following indicators of mild to moderate impairment/disturbance in mood, behavior, and/or psychosocial functioning are met, the member may be referred to their Medi-Cal Managed Care Health Plan</p> <ul style="list-style-type: none"> € In need of behavioral health treatment due to a situational issue such as loss, break up, major life changes € Isolation or substantial disruption in relationships with family, friends, or other social supports, resulting in extreme distress € Excessive truancy or suddenly failing school € Symptoms are likely to be resolved in 6 months or less with psychotherapy € Member has been stable on psychotropic medications for 1 year or longer and requires medication management only

*** TO REACH A PLAN REPRESENTATIVE**

<p>Blue Shield of California Promise Health Plan (855) 321-2211</p>  <p>Promise Health Plan</p>	<p>Community Health Group (800) 404-3332</p>  <p>Community Health Group</p>	<p>Health Net (MHN) (888) 426-0030</p>  <p>Health Net</p>	<p>Kaiser Permanente (877) 496-0450</p>  <p>KAISER PERMANENTE</p>	<p>Molina Healthcare (888) 665-4621</p>  <p>MOLINA HEALTHCARE</p>
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